

# generosity heals

# while your body is healing let us heal your soul



POUDRE VALLEY HEALTH SYSTEM

If you or your loved one is interested in one or more of the following, we invite you to let us know! While you are our guest, we will make every effort to fulfill your request.



generosity in action

### **Generosity Tour**

Let us take you on a personalized tour of the generosity that makes up Poudre Valley Hospital. You'll learn about how past patients and families worked to make PVH a place of healing and hope.

#### Tea Time

Afternoon tea in the sunroom or we can come to you. Afternoon tea is a time to reflect and share stories of hope and generosity with staff, other patients, visitors, and any one who simply stops by. Tea is offered Monday, Wednesday, Thursday, Friday and Saturday afternoons.

### Visit from a furry friend

Receive a visit from one of our many therapy dogs ready and willing to add sunshine to your day!

## **Massage and Healing Touch**

Let our certified massage therapist and healing touch practitioner take your cares away. Available by appointment.

# Home Away from Home

Need a touch of home? Let us bring you a pillow case, blanket, hat, or even a piece of art. Or, check out an iPod and listen to your favorite music.

#### **Celebration Time**

Are you celebrating a special occasion or milestone? Let us know and we'll help you celebrate!

# **Inspiration Wall**

Record, write, or draw an inspirational message to share on the "wall of inspiration."

#### **Reflection Time**

Let us bring you a journal, scrapbook material, note card, or greeting card to utilize your creative energy. Or, ask us about the "laffermation box."