

*the alchemy of context series*

# CIRCUMSTANCE & RELATIONSHIP



## THE CONCEPT

Sometimes we can change the circumstance we are in to something more preferable. Other times it's less changeable. But we can always change our relationship to circumstance. This is the key to stepping into greater power, having greater influence, and experiencing greater bliss.

## THE DEEP DIVE

Describe a present circumstance that's *non-ideal*, but *changeable*. What can you do to improve conditions?

Describe a present circumstance that's *non-ideal*, but *not easily changeable*. What can you do to relate to it in a better way?

Describe a past circumstance that was not easily changeable *by you*, but changing your relationship to the people involved resulted in *them* eventually changing the circumstance. Why do we miss these opportunities so often?

Describe a present circumstance that's *ideal*, but you are not fully taking advantage of. What can you do to relate to it in a fuller way?