



# *element twelve:* PRECIPITATING

## PRACTICING THE 13 ELEMENTS OF ALCHEMY

**1 FEEL THE RHYTHM.** Some things want to manifest now. The time is right, the conditions are right. The energy has built to the point where a small input or channel is all that is needed. If you listen and are open, you'll feel the currents of what is building or receding. Precipitation isn't just about you. It's about *you in relationship to everything*. It's partnership with the larger order, not power over it.

**2 DEEPEN PURPOSE.** Purpose is our knowing about how we relate to everything. And how we assist and serve that which is around us. Purpose orients us to the largest patterns, meanings, and energies. And it increases the attractive force field behind precipitation. Alchemists conduct great force because they assist what is trying to unfold in the world. This force restructures reality and enables precipitation.

**3 INVITE REALITY TO PLAY.** The universe is not something separate from us, not an impersonal disconnected machine. It's sentient, alive, responsive—and able to partner. When we approach it this way, we invite it to play. Life becomes a co-creative dance. Things appear just when we need them. Pathways and connections assemble which we could never orchestrate or design. For the alchemist, only a small part of the total result comes through personal effort. Most precipitates.

**4 INTEND.** When you intend, you imprint a subtle layer of reality. You send a ripple deep into the heart of the universe. Intentions are not wishes. Intentions are creative actions, *movements of will* that entice and disturb the very fabric of reality. Like cosmic seeds, intentions pattern energy and matter. Although precipitation appears to come out of nowhere, it begins in the background of being—the world behind the world.

**5 THINK, LOVE, ACT.** Precipitation is not anomalous, not an odd or chance occurrence. It's the result of momentum building on many layers of reality. Thought, emotion, and action increase this momentum. Thoughts seem ephemeral from the density of the third dimension. But thoughts have form and substance. Alchemically, they act as matrixes or grids. Emotions such as love or fear vitalize these forms and give them more power and energy. And action anchors them into the third dimension.

**6 BE A LITTLE BIT NOW.** Be a little of what you want to precipitate. Resonance creates attraction—things that are like you seek you. This is why alchemists say “it takes gold to make gold.” It's the *felt experience* of gold that matters, not the form or quantity. So in precipitating something, bring its essence into your life now. Embody its *quality* in some way. Imagining something in a future time, while radiating the absence or lack of it now, only pushes it further away.

**7 RELEASE.** We sometimes think effort and effect should be proportionate and occur close together. But many things require pressure to build before they precipitate. While this pressure builds, it may appear that nothing is happening. But eventually the smallest thing triggers a huge and disproportionate response. For alchemists, the important thing is to do the work. And then release expectation and anxiety over outcomes.

**8 FOLLOW THE PULL.** Something may drop out of nowhere and simply appear. But it's more likely to precipitate through pathways created by people or places. As you move through life, notice when you feel a subtle pull toward something. Or when you experience a surge of energy or odd familiarity. It may be an essential part of what is trying to connect and precipitate. Alchemists experience the world as fields of relationship rather than discrete objects.

**9 RETURN GRATITUDE.** Precipitation is a gift. It's a large return from a small input. When this happens, awe and appreciation are natural. But alchemically, gratitude does something essential—it completes the energetic cycle. And in so doing, it enables continual movement from the universe back again.